



**Dover Children's Centres**

# TIMETABLE

**4th September - 15th December 2023**

**Term time only**

No need to book to attend groups (unless otherwise stated) but please note we may have limited space so they will be on a first come, first served basis. All groups are free of charge. Please contact us for our timetable covering Deal and Rural.

Buckland and Whitfield Children's Centre - 03000 414941  
St. Nicholas Church, The Linces, Dover, CT16 2BN

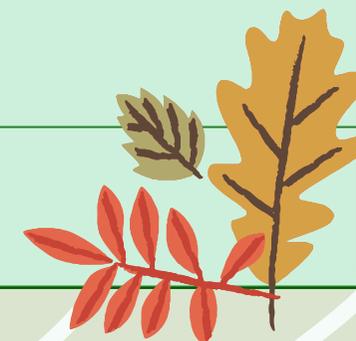
Samphire Children's Centre - 03000 420882  
Aycliffe Primary School, St. David's Avenue, Aycliffe, CT17 9HJ

St Radigunds Community Centre - call Buckland and Whitfield Children's Centre  
Poulton Close, Dover, CT17 0HL

Curzon Hall - Call Buckland and Whitfield Children's Centre  
Curzon Road, Tower Hamlets, Dover, CT17 0AP

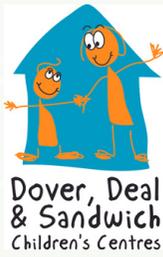
Buckland Community Centre - call Buckland and Whitfield Children's Centre  
Roosevelt Road, Dover, CT16 2RA

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Baby Massage</b> Buckland and Whitfield 9:30am—10:30am or 11:00am—12:00pm	<b>Baby Group</b> Buckland and Whitfield 9:30am—10:30am or 11:00am—12:00pm		<b>Messy Play</b> Buckland and Whitfield 9:30am—10:30am	<b>Baby Group</b> St Radigunds Community Centre 10:00am—11:00am
<b>Let's Get Playing</b> Samphire 10:00am—11:15am	<b>Messy Play</b> Samphire 10:00am—11:00am		<b>Baby Group</b> Samphire 9:30am—10:30am or 11:00am—12:00pm	<b>Book Library and Storytime</b> Samphire 10:00am—11:15am
<b>Book Library and Storytime</b> Buckland and Whitfield 1:30pm—2:30pm	<b>Let's Get Playing</b> Buckland and Whitfield 1:30pm—2:30pm	<b>Arts and Crafts</b> Curzon Hall 1:30pm—2:30pm		
	<b>Baby Massage 5 week Course</b> Samphire Bookable: 12th Sep—10th Oct 1:30pm—2:30pm	<b>Play at the Park</b> Aycliffe 1:30pm—3:00pm	<b>Tumble Time</b> Buckland Community Centre 1:15pm—2:45pm	
	<b>Preparing for Baby</b> Buckland and Whitfield Bookable: 19th Sep—24th Oct 3:15pm—5:00pm	<b>Stepping Stones</b> Buckland and Whitfield Bookable: 3:30pm—5:00pm	<b>Understanding Your Child's Feelings and Behaviour</b> Buckland and Whitfield Bookable slots: 1:00pm—2:30pm	



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Email [ddsc@kent.gov.uk](mailto:ddsc@kent.gov.uk) for more information





**Dover Children's Centres**

# GROUPS

**4th September - 15th December 2023**

**Term time only**

**Buckland and Whitfield Children's Centre - 03000 414941**

**St. Nicholas Church, The Linces, Dover, CT16 2BN**

**Samphire Children's Centre - 03000 420882**

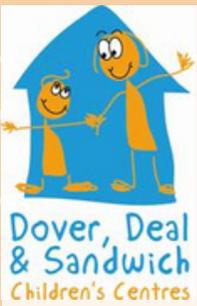
**Aycliffe Primary School, St. David's Avenue, Aycliffe, CT17 9HJ**

Baby Massage		Baby Group		Messy Play		Tumble Time	
<p>For babies from newborn until they start crawling. Enables parents and carers to learn about and respond to their baby's body language and to support their baby to feel safe and secure.</p> <p>Booking is only needed for the course at Samphire, please call 03000 420882 to book.</p>		<p>For babies from newborn until they start walking. A safe environment for babies to play, explore and socialise with other babies. Songs, toys, and sometimes messy play.</p>		<p>For children aged 0-4 years. Join us for a fun sensory experience and lots of messy play!</p>		<p>For children aged 0-4 years. A chance to meet other parents and carers. Lots of equipment and activities for toddlers and babies including bouncy castle, ride on toys, baby corner and mark making. Excellent group to encourage your child's fine and gross motor skills.</p>	
Arts and Crafts		Play at the Park		Let's Get Playing		Book Library and Story Time	
<p>For children aged 1-4 years. An opportunity to engage in art and craft activities to develop creativity, mark making and fine motor skills through use of a variety of materials, tools and techniques.</p>		<p>For children aged 0—4 years. Meet at the park for outdoor fun activities including bubbles and balls. Please come wearing suitable outdoor clothing.</p>		<p>For children aged 0-4 years. Lots of activities such as mark making, baby area, home corner, book area and more.</p>		<p>For children 0-4 years. Session includes a story time followed by the opportunity to choose books to borrow from our mini library. On joining each child will get a book bag, library card and bookmark.</p>	
Stepping Stones		Understanding Your Child's Feelings and Behaviour		Preparing for Baby			
<p>A bookable group for children aged 4-7 years which focuses on building confidence and boosting self-esteem.</p> <p>Please book by calling 03000 414941.</p>		<p>A safe, supportive space for parents/carers and children aged 0-11 years to learn new techniques and ideas to better understand and manage their child's feelings and behaviour.</p> <p>Please book by calling 03000 414941.</p>		<p>A bookable 6-week antenatal group for new expectant parents (from 27 weeks).</p> <p>Aims to support parents to prepare for baby's arrival and once baby is born, and will include practical advice and tips but will not include advice on labour or delivery.</p> <p>Please book by calling 03000 414941.</p>			



For more information, please email [ddsc@kent.gov.uk](mailto:ddsc@kent.gov.uk). Please contact us for our timetable covering Deal and Rural. Follow us on Facebook and Instagram @doverdistrictcc





## Deal and Rural Children's Centres

# TIMETABLE

4th September- 15th December 2023

Term time only

Sunflower Children's Centre - 03000 415858

Elvington Primary School, Adelaide Road, Eythorne, CT15 4AN

Blossom Children's Centre - 03000 411555

Downs Primary School, Owen Square, Walmer, Deal, CT14 7TL

St George's Hall - Call Blossom

High Street, Deal, CT14 6HP (opposite Gridlock)

No need to book to attend groups (unless otherwise stated) but please note we may have limited space so they will be on a first come, first served basis. All groups are free of charge. Please contact us for our timetable covering Dover.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tumble Time</b> St George's Hall 10:00am—11:30am	<b>Messy Play</b> Blossom 10:00am—11:15am	<b>Twins / Multiple Births Group</b> Blossom First Wednesday of the month (including school holidays) 10:30am—12:00pm	<b>Music and Movement</b> Blossom 9:30am—10:30am	<b>Baby Group</b> Sunflower 9:45am—11:15am
	<b>Baby Massage</b> Sunflower 9:30am—10:30am		<b>Let's Get Playing</b> Sunflower 9:30am—10:45am	<b>Blossom Storytime</b> Blossom 10:00am—11:00am 8th Sep—20th Oct
<b>Sensory Group</b> Sunflower 1:30pm—2:45pm	<b>Sunflower Storytellers</b> Sunflower 1:30pm—2:30pm	<b>Understanding Your Child's Feelings and Behaviour</b> Blossom Bookable slots: 1:00pm—3:00pm	<b>Baby Group</b> Blossom 1:30pm—3:00pm	
	<b>Baby Massage 5 week Course</b> Blossom Bookable: 19th Sep—24th Oct (not running on 26th Sep) 1:30pm—2:30pm	<b>Time to Shine</b> Blossom Bookable: 3:30pm—5:00pm		



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Dover, Deal & Sandwich Children's Centres

## Deal and Rural Children's Centres

# GROUPS

4th September - 15th December 2023

Term time only

Sunflower Children's Centre - 03000 415858

Elvington Primary School, Adelaide Road, Eythorne, CT15 4AN

Blossom Children's Centre - 03000 411555

Downs Primary School, Owen Square, Walmer, Deal, CT14 7TL

### Baby Group

For babies from newborn until they start walking. A safe environment for babies to play, explore and socialise with other babies. Songs, toys, and sometimes messy play.

### Baby Massage

For babies from newborn until they start crawling. Enables parents and carers to learn about and respond to their baby's body language and to support their baby to feel safe and secure. Booking is only needed for the course at Blossom, please call 03000 411555 to book.

### Sunflower Storytellers

For children aged 0 -4 years. A fun happy group focused on sharing books, reading stories and singing your child's favourite rhymes. After attending three sessions each child will receive a bookstart pack that you can share together at home to help develop a love of books.

### Twins / Multiple Births Group

A monthly group for families with twins or multiple births aged 0-4 years to get together, share experiences and participate in fun play activities.

### Tumble Time

For children aged 0-4 years. A chance to meet other parents and carers. Lots of equipment and activities for toddlers and babies including bouncy castle, ride on toys, baby corner and mark making. Excellent group to encourage your child's fine and gross motor skills.

### Let's Get Playing

For children aged 0-4 years. Lots of activities such as mark making, baby area, home corner, book area and more.

### Music and Movement

For children aged 1-4 years old, focusing on learning and singing songs, dancing, and exploring a variety of musical instruments.

### Sensory Group

For children aged 0 - 4 years. Come and join us for a fun sensory experience, including messy play, arts and crafts and use of the sensory tent.

### Messy Play

For children aged 0-4 years. Join us for a fun sensory experience and lots of messy play!

### Understanding Your Child's Feelings and Behaviour

A safe, supportive space for parents/carers and children aged 0-11 years to learn new techniques and ideas to better understand and manage their child's feelings and behaviour. Please call 03000 411555 to book your place.

### Time to Shine ASC Group

For children aged 4-7 years (without parent/carer) with an autism diagnosis, or displaying traits and behaviours. Guided input around relationships, emotions, communication and social skills. Healthy snack, quiet space and sensory room also available to use throughout the session. Please call us on 03000 411555 to discuss and book your child's place.

### Blossom Storytime

For children aged 0-4 years. A fun, happy group focused on reading and sharing books, singing your child's favourite rhymes, and joining in with a weekly themed art and craft activity.



For more information, please email [ddscc@kent.gov.uk](mailto:ddscc@kent.gov.uk). Please contact us for our timetable covering Dover. Follow us on Facebook and Instagram @doverdistrictcc

