

**D.D.Y.C.****September 2023**

## Dover District Youth Offer


All sessions are targeted and must be reviewed by youth practitioners before the young person is invited to the session. We welcome enquiries from all Integrated Children's Service Partners.



If you have any queries, please phone the Youth Hub on 03000



420008 or

email [DoverYouthHub@kent.gov.uk](mailto:DoverYouthHub@kent.gov.uk)



	Session	For
Monday 16:30-18:00	<b>Aycliffe</b>	<ul style="list-style-type: none"> <li>Working in the village and surrounding rural areas, we provide an accessible service for young people between 7 and 18 years old.</li> <li>Supported by trained youth workers, the session gives young people the opportunity to develop their socialisation and communication skills and improve confidence.</li> <li>It will offer a variety of activities such as music, cooking, art, sport, themed workshops will be delivered at relevant times e.g., Respect at Valentines, Celebrating diversity – LGBT, Black History month etc.</li> </ul>
Monday 17:30-18:30	<b>Compass</b> 	<ul style="list-style-type: none"> <li>Referral only – Contact Youth Hub</li> <li>Open for 12 – 16 years old</li> <li>Compass is a 10-week course that uses the four elements of DBT (Dialectical behavior therapy) to support young people navigate emotions, relationships and life's challenges by providing them with the tools to do so.</li> </ul>
Monday 19:00-21:00 <u>school Yrs9+</u>	<b>Universal</b>	<ul style="list-style-type: none"> <li>It is a universal session for any young person in school Yr9+ that chooses to engage.</li> <li>The team will provide planned interventions alongside spontaneous learning opportunities. Enabling young people to recognise that they can make a difference to their own lives, and that effort has a purpose, is important to key outcomes such as career success.</li> <li>A variety of activities available music, cooking, art, sport, themed workshops will be delivered at relevant times e.g., Respect at Valentines, Celebrating diversity – LGBT, Black History month etc.</li> <li>1:1 support and mentoring sessions available</li> </ul>

<p>Tuesday 16:00-17:00 Jr 17:30-19:00 Tw 19:30-21:00 Sn</p>	<p><b>Neuro-divergent</b></p> 	<ul style="list-style-type: none"> <li>• <b>Referral only – Contact Youth Hub</b></li> <li>• 16:00-17:00 Junior – age 8 – 11</li> <li>• 17:30-19:00 Tweenies – age 12 - 14</li> <li>• 19:30-21:00 Senior - age15+</li> <li>• for young people with Autistic Spectrum traits and behaviours</li> <li>• Delivered from the youth hub for children living with a neurodiverse diagnosis or are displaying traits and behaviours.</li> <li>• The group consists of input around healthy friendships, managing own emotions, personal hygiene and developing communication skills alongside fun activities such as art, cooking, music and free play.</li> <li>• Young people are encouraged to participate in discussions to support understanding and development of own sensory and emotional needs.</li> </ul>
<p>Tuesday 19:00 -21:00</p>	<p><b>Eastry</b></p>	<ul style="list-style-type: none"> <li>• Working in the Youth Club Wilmott Place Eastry CT13 0QB, we provide an accessible service for young people between 7 and 18 years old.</li> <li>• Supported by trained youth workers, the session gives young people the opportunity to develop their socialisation and communication skills and improve confidence.</li> <li>• It will offer a variety of activities such as music, cooking, art, sport, themed workshops will be delivered at relevant times e.g., Respect at Valentines, Celebrating diversity – LGBT, Black History month etc.</li> </ul>
<p>Wednesday 16:00-17:30</p>	<p><b>Community Resolution</b></p> 	<ul style="list-style-type: none"> <li>• Referral to be made from DCSM and/or CAHM or Unit.</li> <li>• The group will provide an accessible venue for young people to meet, socialise and participate safely whilst seeking to educate to reduce risk.</li> <li>• Aimed at young people that have entered the youth justice system.</li> <li>• The group will be an opportunity for young people to develop their socialisation and communication skills, improve confidence and gain knowledge to make better choices in relation to their own behaviours, victim impact, restorative approaches. It is also a stepping-stone towards other services that can help to reduce the risks in their live and explore reasons for the behaviours. Topics include Mental Health, Resilience, Drugs, Sexual Health, Healthy Relationships, DA, ASB, Gangs, Exploitation, Positive engagement.</li> </ul>
<p>Wednesday 16:00 - 17:30</p>	<p><b>Homework Club</b></p>	<ul style="list-style-type: none"> <li>• Providing a safe, quiet space for young people to attend after school. Bringing young people together to jointly work on schoolwork, combining resources, imagination and learning outcomes. Elective Home Educated young people are welcome to interact with school based young people to compare different learning techniques.</li> </ul>
<p>Wednesday 18:00 – 19:00 <u>school Yrs4-6</u></p>	<p><b>Universal</b></p>	<ul style="list-style-type: none"> <li>• Enabling young people to recognise that they can make a difference to their own lives, and that effort has a purpose, is important to key outcomes such as career success. Recent research for the Joseph Rowntree Foundation which looked at the importance of attitudes</li> </ul>

19:00 -20:00 <u>school Yrs6-8</u>		<p>and behaviour in relation to educational attainment for children and young people recognised the link between positive outcomes and self-confidence.</p> <ul style="list-style-type: none"> <li>The youth Club will provide an accessible venue for young people to meet, socialise and participate safely in a variety of activities. Supported by a team of trained youth workers, the youth clubs are an opportunity for young people to develop their socialisation and communication skills, improve confidence and are a steppingstone towards other services that can help to build skills and confidence such as the Duke of Edinburgh Award.</li> <li>It will offer a variety of activities such as music, cooking, art, sport, themed workshops will be delivered at relevant times e.g., Respect at Valentines, Celebrating diversity – LGBT, Black History month etc.</li> </ul>
1 <sup>st</sup> Wednesday of each month 19:00 - 20:30	<b>Parenting Adolescents Skills and Support (PASS)</b>	<ul style="list-style-type: none"> <li>Understanding Routines &amp; Boundaries for Teens 4th October</li> <li>PASS Drop-In Sessions 1st November</li> <li>Understanding Risk &amp; Safety for Teens 6th December</li> <li>Understanding Well-Being &amp; Building Resilience 03/01/24</li> <li>Importance of self-care, support &amp; co-operation 07/02/24</li> <li>Understanding Parenting Styles &amp; Experiences 06/03/24</li> </ul>
Thursday 10:00-12:00  07856 856278 EastKent1SS@ gmail.com	 <p><b>We are a Virtual One Stop Shop Spot!</b> Please come in to see a quiet room and our phone to contact East Kent Virtual One Stop Shop DOVER &amp; THANET ONE-STOP SHOPS On Thursday Between 10am &amp; 12 noon Simply ask at reception to use "The Spot" 0785686278 EastKent1SS@gmail.com VICTIM SUPPORT 0800 168 9276</p>	<p><b>East Kent Virtual One Stop Shop</b></p> <ul style="list-style-type: none"> <li>Does someone who is supposed to love you:</li> <li>Make you feel afraid?</li> <li>Make you feel ugly and useless?</li> <li>Control you or your money?</li> <li>Stop you seeing friends &amp; family.</li> <li>Blame you, drugs, or drink for their behaviour?</li> <li>Hurt you mentally, physically, or emotionally?</li> </ul> <p>Anyone can access free and confidential specialist domestic abuse advice and information from a range of professionals.</p> <p>Come to the Youth hub and ask to use "The Spot".</p>
Thursday 16:30 - 18:00	<b>Elvington</b>	<ul style="list-style-type: none"> <li>Working in the Youth Centre, Village Hall Elvington St Johns Road, Elvington CT15 4DZ, we provide an accessible service for young people between 7 and 18 years old.</li> <li>Supported by trained youth workers, the session gives young people the opportunity to develop their socialisation and communication skills and improve confidence.</li> <li>It will offer a variety of activities such as music, cooking, art, sport, themed workshops will be delivered at relevant times e.g., Respect at Valentines, Celebrating diversity – LGBT, Black History month etc.</li> </ul>
Thursday 18:00-20:00	<b>PFM</b> 	<ul style="list-style-type: none"> <li>Open for Age 11+</li> <li>Sharing resources with the youth hub, offering Games, Art &amp; Craft, Sport, Cookery, Support &amp; Guidance Pie Factory Music, High Street, Ramsgate, CT11 0QG</li> <li>Tel: 01843 596777 / 01843 596998 <a href="http://www.piefactorymusic.com">www.piefactorymusic.com</a></li> </ul>

Thursday 19:00 -21:00	<b>Crosslinks</b>	<ul style="list-style-type: none"> <li>Partnership working with Crosslinks Community Centre in Dover to offer young people advice and support, a safe place to be.</li> <li>5A Sheridan Rd, Dover CT16 2BZ · 01304 827859</li> </ul> 
Friday 15:30-17:30 18:00-20:00	<b>Detached</b>	<ul style="list-style-type: none"> <li>Covering the whole district visiting Dover, Deal and surrounding areas. We will be out in the community offering advice and guidance on relevant issues .</li> </ul>
Saturday 10:00-13:00	<b>Sk8 Base Cafe</b>	<ul style="list-style-type: none"> <li>Social enterprise business managed, operated, directed by young people alongside Skate UK training sessions at the Skate Park in Deal. Offering freshly made muffins, pancakes, and hot drinks. Young people also working towards the Duke of Edinburgh Award.</li> <li>Contact Skate UK -Jamie, email: <a href="mailto:jammerskates@hotmail.com">jammerskates@hotmail.com</a>.</li> </ul>
As required	<b>Kent Cycle Training</b> 	<p>Using the outside safe space at Dover Youth Hub, Cycle Proficiency training and Awards is provided to ensure that young people are aware of road safety and offer Safer Active journeys by pedal power. Sessions are arranged when enough have been enrolled. Please contact the Highways Transportation team at Kent County Council.</p> <p>Email: <a href="mailto:cyclctraining@kent.gov.uk">cyclctraining@kent.gov.uk</a> Tel: 07703 468784</p>
Twice a Month (Thursday) 16:00-18:00	<b>Imago</b> 	<p>A Young Carers club meet twice a month on a Thursday contact Chanelle King, Children and young person coordinator, Imago, John Spare House, 17-19 Monson Road, Tunbridge Wells, Kent, TN1 1LS</p> <p><a href="http://www.imago.community">www.imago.community</a> T: 0300 111 1110 - M: 07702 335462</p> <p><a href="mailto:chanelle.king@imago.community">chanelle.king@imago.community</a></p>
Monday - Tuesday	<b>Counselling</b> 	<p>Community Health will be attending every Monday and Tuesday.</p> <p>Contact NHS Trust for bookings of 1 to 1 session.</p>

Alongside this the youth hub team will also be delivering

- ✓ Community Work
- ✓ Focused Support
- ✓ District Conversations
- ✓ Schools work
- ✓ Various Community Projects

For more information about any of the above please contact us on [03000 420008](tel:03000420008) or email [DoverYouthHub@kent.gov.uk](mailto:DoverYouthHub@kent.gov.uk)



*Scan me*

## Dover Youth Hub

☎ 03000 420008

✉ [DoverYouthHub@kent.gov.uk](mailto:DoverYouthHub@kent.gov.uk)

📍 The Dover Hub, Park Avenue  
Deal CT14 9UU

